

Today we talked about resisting temptation being kind of a like a tug-of-war game. Draw a picture of yourself playing tug-of-war with sin. On one side of the rope, draw or write something that is tempting to you. On the other side, draw a picture of yourself along with some things that can help you resist temptation.

DATE

Write about a time you said "no" to sin." What helped you say "no" to sin?

THIS WEEK WE LEARNED

JESUS IS TEMPTED IN THE DESERT

BIG IDEA: Jesus said "no" to sin, and so can we.

BIBLE BASIS: Luke 4:1-13

KEY VERSE: "You are tempted in the same way all other human beings are. God is faithful. He will not let you be tempted any more than you can take. But when you are tempted, God will give you a way out so that you can stand up under it."

1 Corinthians 10:13 (NIrV)



NEXT WEEK'S

Luke 4:1-13. Write down any questions you have after reading this. You can ask your small group leader or parent about them later.



Have you given in to sin recently? We all do sometimes. Take some time to tell God about it and ask Him for forgiveness.

JESUS IS REJECTED IN NAZARETH

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BIG IDEA: Jesus was rejected for saying unpopular things. **BIBLE BASIS:** Luke 4:16-30

KEY VERSE: "Am I now trying to get people to think well of me? Or do I want God to think well of me? Am I trying to please people? If I were, I would not be serving Christ." Galatians 1:10 (NIrV)



GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

Sing It Out

Say: In our Bible story today, we heard about the time Jesus was tempted in the desert. Jesus said "no" to sin, and He wants us to say "no" to sin, too. We're going to memorize a Bible verse to help us remember that God will never let us be tempted more than we can take and that He'll always provide a way out.

"God is faithful. He will not let you be tempted any more than you can take." (1 Corinthians 10:13)

Directions: Ask your group to listen carefully as you read the verse a few times. Then, tell your group that they're going to make up a tune to sing the verse to. Start your group off with an example of how you might sing the verse and then ask the kids if they have any different suggestions. Consider clapping along to the beat of the song as your group sings. After singing the verse a few times, ask if anyone else wants to sing it to a different tune or in a different silly voice such as robot, giant bear, or super-fast. Let your group choose how they would like to sing it. Continue the activity until it appears that your group can remember the verse. Afterwards, ask the following questions:

Question: When is it hardest for you to resist temptation? Why do you think that is?

Question: The next time you're tempted to sin, how can you remember to say "no"?

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